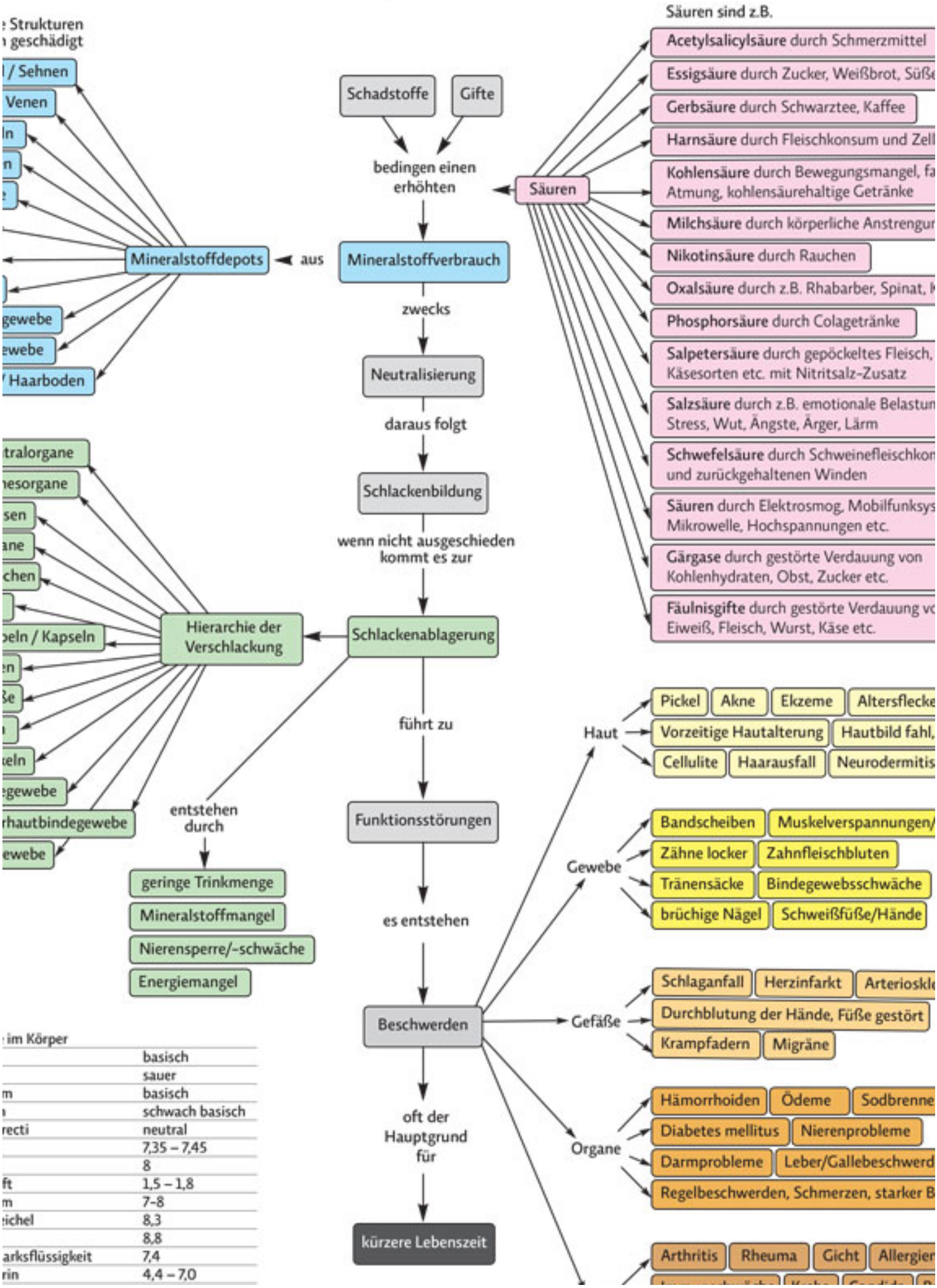und deren Folgen